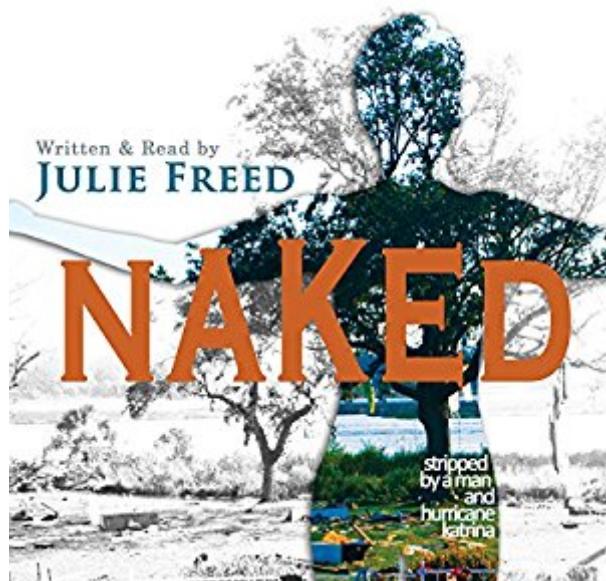


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# Naked: Stripped By A Man And Hurricane Katrina



## **Synopsis**

Everything moved to the winds' rhythm. In one week, a house and marriage violently disintegrate. Alone raising an infant in the aftermath of Hurricane Katrina, Julie is surrounded by the rubble of her life - stripped bare by love and loss. Suddenly a single mother, Freed's prose captures the love and adoration for her daughter, the indomitable spirit of her New England family and her father's unwavering devotion. Touching ties survive even the most powerful surge Mother Nature delivers. This debut memoir candidly reveals intimate details of one woman's shattered dreams as well as humanity's resilience and sweet goodness. Unflinchingly honest, Naked is a remarkable true story of hope, family, and love in a southern coastal Mississippi town.

## **Book Information**

Audible Audio Edition

Listening Length: 6 hours and 48 minutes

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Version: Unabridged

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Whispersync for Voice: Ready

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in Books > Audible Audiobooks > Health, Mind & Body > Family & Relationships

## **Customer Reviews**

There are unplanned events that are devastating, and having two of them come down on one's head at one time - dissolution of a marriage, dissolution of a Mississippi waterfront home via Hurricane Katrina, is almost beyond imagining. While dealing with a toddler. The past events are woven in chapters among hurricane-prep to hurricane aftermath stories. The author's got a lot of grit, and I admire her immensely. She also had/has a lot of support. She deserves that support, ALL Katrina victims do. Still, I was struck by the amount of privilege she enjoyed: white skin, having a degree (and apparently, no student debt for that degree), insurance, savings, a job that didn't disappear (though her house did), an intact family of origin able to pitch in financially and emotionally... Even a vacation home her parents had bought in the area, that did remain whole, that

she could move into while going back to work and beginning clean-up work. Her "rock bottom" was never as deep as some of the other Katrina victims, some of whom are still devastated. It's not something I begrudge her, at all, yay that she had those resources! Yay that she and her baby are thriving! Yet, it made it difficult for me to fully connect with her journey. It's still an interesting and moving story, and she writes it well.

This book was an excellent read. Raw and honest, Julie Freed bore her soul and mind for her readers. Through this story, my understanding of and compassion for survivors of natural disasters grew. Julie, thank you for sharing your life and experiences.

Julia Freed shares her courageous story of rebuilding a life for her and her daughter in the aftermath of hurricane Katrina and spousal abandonment. Honest and riveting, reading Naked provoked strong emotions in me regarding the demise of my own marriage and brought back memories of the challenges my family, friends and I faced after Katrina. It will take a while to process everything I'm thinking and feeling. I highly recommend this book!

Julie's book resonated with me in so many ways. Her writing is enjoyable, almost as if a friend is telling her story to you over a cup of coffee.

A story written from the author's heart, poignant and wrenching. As a mother and survivor of two disasters occurring almost simultaneously, it is heartwarming to read how she overcame both.

I So enjoyed the read! It was refreshingly honest, open and heartfelt! The book was a great recap of a devastating event, coupled with so many other issues to handle at the same time. I would definitely recommend the book!

Julie Freed had an enviable life: a job she enjoyed, a husband she loved, an infant daughter she doted on, a beautiful house right on the Mississippi Gulf Coast. And then, out of the blue, in an emotional storm, her husband asked for a divorce. A few days later, a physical storm named Katrina that turned out to be stronger than most people completely anticipated destroyed her house. The remainder of the book is the story of how, with the support of her distant family and the help of local friends, she managed to survive the aftermath of the double blow and reach a place of recovery. "Naked" is an interesting book. Again, it provided me with an unfamiliar perspective, that of

a well-to-do person dealing with adversity. It's an bestseller and has been nominated for several awards. The writing is clear and unobtrusive, letting the story flow unimpeded. A good read.

The book offers an intimate look at the journey of a woman who had to go through losing her home to hurricane Katrina and a divorce at the same time. Having to care for a baby girl while going through all of this proved to be advantageous, contrary to common wisdom. I am not usually a fan of going back and forth in time while reading a story, however, Julie did a good job in doing so as her story was enhanced this way. Her quantitative background was evident throughout the book in her logical, deductive ways of writing. She was able to convince me of her conclusions about the personality traits she had to deal with, such as her ex-husband's. It was important, in my opinion, to lay down the groundwork of what led to her divorce by going back in time to detail how she met Conner and how they grew closer then apart. I recommend this book unreservedly.

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